



Moss Bluff

Líttle League Dístríct 6 - Lake Charles, LA P.O. Box 12297, Lake Charles, LA 70611

"Train up a child in the way he should go, And when he is old, he will not depart from it." (Proverbs 22:6)



Prepared for: Moss Bluff Líttle League League ID No. 308761 February 23, 2021

# "A S A P" A Safety Awareness Program

#### **INTRODUCTION**

In 1995, the ASAP (A Safety Awareness Program) was introduced with the goal of re-emphasizing safety awareness through education and information. This awareness created opportunities to provide a safer environment for kids and all participants involved with Little League Baseball/Softball Programs." This manual is offered as a tool to establish quality, productivity and professionalism for important information given to League Officials, Player Agents, Manager's, Coach's, and Volunteer's for seasonal and post seasonal game play.

#### **MBLL Mission Statement**

The Moss Bluff Little League's mission is to establish an environment that is both safe and healthful. We strive to instill character development in our youth by educating, equipping, then empowering youth players both on and off the field through sportsmanship, courage, loyalty, honesty, and respect for authority.

Along with this vision, Moss Bluff Little League will strive earnestly to provide an environment and will incorporate safety related methods to improve our facilities and equipment to protect and better serve the needs of our players and volunteers.

#### **Thoughts on Safety**

MBLL has always been concerned about safety. This manual has been developed following the guidelines set forth by the National Little League Headquarter in Williamsport, PA.

<u>SAFETY is everyone's responsibility</u>. Being proactive in identifying potential hazards is the key to reducing accidents. All hazardous conditions identified will be reported to the MBLL Safety Officer or other Board Member immediately. Showing awareness around unsafe playing fields and/or playing equipment, players not wearing the necessary personal protective equipment, especially catchers and batters, and identification of strangers around the playing fields, are a few examples of initiatives to protect players.

#### **Player Registration**

Each youth player aged (3 - 16) desiring to play Little League Baseball / Softball in Moss-Bluff must submit an application for registration which is provided online, in addition to the online registration form, a Medical release form must be completed and submitted as well.

#### Rosters

Player Roster Data and Coach and Manager Data will be submitted via the Little League Data Center at Little League Data Center after all registrations are completed and teams are assigned.

#### League Official's Conduct

League officials are the eyes, ears, and voice of the MBLL program. Player agents, managers, parents, players, and volunteers are looking to us to lead them as we move forward through each season. Our speech and mannerism should be such that it inspires relief during tense situations, direction for circumstances given, and a voice for the program and community. If a league official conducts himself/herself in an unprofessional manner at any time it is to be reported immediately to the League President/Vice President for inquiry and mitigation.

#### Manager / Coaches Conduct

Managers / Coaches play an intricate part in their players and team development. It is imperative that coaches conduct themselves in a professional manner which Inspires their players to be the best they can be both on and off the field. MBLL is committed to this process and will only assign coaches that exemplify quality traits which lead players to be the best they can be regardless of the situation. At the beginning of each season of game play each coach / manager that will be participating in the MBLL shall review the Managers / Coaches Code of Conduct as a means of educating and inspiring professionalism throughout the community then sign in agreement with the Code of Conduct.

#### **Umpire Conduct**

Umpires play an essential role in the game of baseball as they maintain standards of play by observing game rules, awarding points, imposing penalties, determining results, identifying infractions, examining participants to make sure they follow safety regulations, verifying scoring regulations, and announcing winners. Umpires can set the standard for attitude and behavioral mannerism by illustrating confidence, self-control, and leadership while making sure everyone stays safe and enjoys the events being watched. Moss-Bluff Little League is committed to obtaining qualified professionals that will aid the season in positive growth. At the beginning of each season, umpires obtained will read through, sign the Umpire Code of Conduct form in addition to receiving the training necessary means of continual communication and expectation.

#### **Parent Conduct**

The way parents and family members behave at youth sports games and practices has a significant impact on the player experience. Parents can set an example for Little Leaguers® by displaying the high-level of sportsmanship that Little League expects of all its participants and respecting all players, coaches, umpires, and volunteers. MBLL is committed to establishing and environment in which all participants can enjoy. At the beginning of each season we will ask the parents to partner with us in this endeavor by reading and signing the Sport Parent Code of Conduct which will encourage and help us establish behaviors and attitudes needed for successful game play.

#### Volunteers

Volunteers are essential to the success of the MBLL program. Board Members, League Officials, Managers, and Coaches must complete the Little League Volunteer Application annually. The form will be provided to ALL volunteers by the MBLL Board of Directors and must be returned to the Field House for review and Board approval. Anyone not complying with this new requirement will not be eligible to be involved in the MBLL program.

The VP's from each respective league shall conduct fundamentals training (fundamentals including hitting, sliding, fielding, pitching, etc.) with at least one coach or manager from each team. This training shall be performed prior to the start of regular season games.

#### **MBLL SAFETY CODE** A Proactive Approach to Injury Prevention

(First aid kits are available in each concession stand)

- All managers and coaches have the responsibility of becoming familiar with the MBLL (ASAP) Safety Plan. A copy will be provided to each, and they must produce a copy of the plan if asked by a league official at any time once the season is under way.
- Our goal is for all Managers and Coaches to have training in first-aid. First-aid kits are available through the Concession Stand and are made available at each field when summoned by the umpires. At least one Manager or coach from each team must attend a first-aid training session. The VP's from each league is responsible for scheduling this training session each league season prior to the start of regular season games. Volunteers that are professionals in the medical field (Doctors, Nurses, Paramedics, EMT's etc.) are exempted from this training.
- No games or practices should be held when weather or field conditions are dangerous, particularly when lighting is inadequate or when there is thunder or lightening in the area.
- All team equipment should be stored off the area the umpires define as the "field of play".
- Only players, managers, coaches and umpires are permitted on the playing field, in the dugout or team bench area during games or practices. All participants should take responsibility for keeping bats and loose equipment off the field of play.
- Care should be taken when retrieving foul balls batted out of the playing area, particularly when the playing field is near a street or parking lot area.
- During practices and games, all participants should be alert and watching the batter on each pitch.
- During warm-up drills, players should be spaced so that no one is endangered by wild throws or missed catches.
- All pre-game warm-ups should be performed within the confines of the playing field and not within areas frequented by spectators or people on foot. (i.e., playing catch, swinging bats, etc.).
- Managers and coaches should inspect equipment before each use for condition and fit.
- Batters must wear Little League Approved batting helmets (without any type alterations; no painting of helmets, stickers of any type (except a team logo sticker no larger than a half dollar on the front center of the helmet) are permitted during Allstar and regular season play) during practices and games.

- Catchers must wear catcher's helmets, mask, throat guard, chest protector, shin guards and protective cup with athletic supporter (male) for all games and practices. NO EXCEP-TIONS.
- Catchers in player's-pitch baseball leagues must use a regulations catcher's mitt during games and practices.
- Headfirst slides are not permitted except when returning to a base.
- At no time will "horseplay" or "taunting" be permitted on the playing field or in the dugout area.
- Players must not wear rings, watches, jewelry or other sharp metallic items during games or practices. The only exception is the rope style break-away necklaces.
- Managers and coaches are responsible for field preparations and should make sure fields are clean and in good playing condition before each game.
- At least one manager and one coach should accompany players during practices and games. Additional volunteer parents may be used, as required, to provide adequate assistance.
- Players are prohibited from swinging a bat except in the batter's box in games or practices. Batters should watch out for catchers and umpires before a warm-up swing and catchers and umpires must keep a safe distance away from batters taking a warm-up swing in the batter's box. Junior and Senior league players who play on fields that have an on-deck area are permitted to take warm-up swings in this designated area.
- A player must be in full catcher's gear to "warm-up" a pitcher. An adult may warm up a pitcher without protective gear. Warm-up should take place in a designated or safe area away from spectators and people on foot.
- Base runners must slide into bases (except first base) to avoid contact with the defensive player if there is a play at the base he is attempting to reach. Base runners must not make intentional, forceful contact or a take-out slide into the defensive player. The defensive player may not impede the progress of the base runner while not in possession of the ball or attempting to field a batted ball.
- Coaches should keep track of all players during games and practices and see that every player has arrangements for getting home after the session. No player should leave without the coach's knowledge.
- Coaches and Umpires are to walk each field prior to playing the first game of the evening and use a commonsense approach for debris removal or noting any potential safety concerns that could come into play while the kids are on the field. Any notable repairs should be brought up as soon as feasible to the appropriate board member so mitigation measures can be taken in a timely and effective manner.

#### **SUN PROTECTION**

Parents, coaches and players should apply sunscreen before all practices and games. A sunscreen with an SPF 15 or higher should be liberally applied to all exposed areas of the skin half an hour before going outside.

Note: The most vulnerable areas of skin are the face, back of neck and arms.

### **Emergency Plan**

2021 Board Positions	Name	Phone
League President	John Miguez	337-526-9401
League Baseball VP	Chad Seals	318-820-5388
League Baseball Secretary	Cody White	985-974-3637
League Treasurer	Courtney Smith	409-739-7637
League Baseball Tee-Ball Player Agent		
League Baseball Coach Pitch Player Agent	Amy Byrne	337-370-2410
League Baseball Minors Player Agent		
League Baseball Majors Player Agent		
League Baseball Juniors Player Agent		
League Baseball Seniors Player Agent		
League Softball VP	Richard Smith	337-302-7163
League Softball Secretary	Amanda Hollier	337-563-5107
League Softball T-Ball Player Agent	Derek Goss	337-425-3340
League Softball Coach Pitch Player Agent	Derek Goss	337-425-3340
League Softball Minors Player Agent	Natalie Thomas	337-842-6248
League Softball Majors Player Agent	Natalie Thomas	337-842-6248
League Softball Juniors Player Agent	Sam Hollier	225-241-9715
League Softball Seniors Player Agent	Sam Hollier	225-241-9715
League Equipment Manager	Eric Foshee	337-244-4934
League Safety Officer	Brandon Albarado	337-842-7858

#### Moss-Bluff Little League Emergency Numbers

#### **EMERGENCY NUMBERS**

Calcasieu Parish Police & Ambulance	Emergency	911
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MB Calcasieu Parish Police Department	Emergency	911
MB Calcasieu Parish Police Department	Non-Emergency	337-491-3627
Poison Control Center	Emergency	802-222-1222
Fire Department	Emergency	911
MB Fire Department	Non-Emergency	337-855-2329

#### **AREA EMERGENCY CLINICS & HOSPITALS**

<b>Calcasieu Urgent Care, LLC</b> 242 Sam Houston Jones Pkwy, Moss-Bluff M-F(8A-8P) Sat-Sun (8A-5P)	Immediate Observation , La 70611	n (337) 905-4000
<b>Imperial Health Urgent Care</b> 277 US-171, Moss-Bluff, La 70611 M-F (8A-8P) Sat-Sun (8A-5P)	Immediate Observation	n (337) 217-7762
<b>Christus Ochsner Lake Area Hospital</b> 4200 Nelson Rd. Lake Charles, La 70601 (24hrs)	EMERGENCY	(337) 474-6370
Lake Charles Memorial Hospital 1701 Oak Park Blvd. Lake Charles, La 706 (24hrs)	EMERGENCY 501	(337) 494-3036
Avail Hospital 3730 Nelson Rd. Lake Charles, La 70601 (24hrs)	EMERGENCY	(337) 656-7700
<b>Christus St. Patrick Hospital</b> 524 Dr. Michael Debakey Dr. Lake Charles (24hrs)	EMERGENCY s, La 70601	(337) 491-7709
UTILITIES		
Electrical Beau guard Electric CO-OP (BECI) 975 North Perkins Ferry Road P.O. Box 12783	Non-Emergency (337) 8 Emergency (800) 367-0	

Lake Charles, La 70611

Water Water Works District 1 265 Parish Road Moss Bluff, La 70611

**Trash Pick-Up** Waste Management 536 Wesley St, Lake Charles, LA 70615

Sewage Booth Environmental 1320 E. Gauthier Road Lake Charles, La 70607 Non-Emergency (337) 855-7250 Emergency (337) 855-7250

Non-Emergency (337) 377-0567 Emergency (337) 377-0567

Non-Emergency (337) 474-7325 Emergency (337) 474-7325

#### LITTLE LEAGUE SUPPORT NUMBERS

Little League National HQ 539 Route 15 Hwy. P.O. Box 3485 Williamsport, PA 17701-0485 (570) 326-1921 **Southwestern Regional HQ** P.O. Box 20127 Waco, TX 76702-0127 (254) 756-1816

#### Lightning Facts, Increment Weather, and Safety Procedures

The following information and guidelines will be followed when there is lightning in the area of the Moss-Bluff Little League Complex:

- The average lightning strike is 6-8 miles long.
- The average thunderstorm is 6-10 miles wide and travels at a rate of 25 miles an hour.
- Once the leading edge of a thunderstorm approaches to within 10 miles, you are at immediate risk due to the possibility of lightning strikes coming from the storm's overhanging anvil cloud.
- On the average, thunder can only be heard over 3-4 miles, depending on humidity, terrain and other factors. This means that by the time you hear the thunder, you are already in the risk area for lightning strikes.

#### "Flash-Bang" Method

One-Way of determining how close a recent lightning strike is to you is called the 'flash-to-bang'' method. With this method, a person counts the number of seconds between the sight of a lightning

strike and the sound of thunder that follows. "Halt Play" and "Evacuation" should be called when the count between the lightning flash and the sound of its thunder is 15 seconds or less.

#### **Rule of Thumb**

The ultimate truth about lightning is that it is unpredictable and cannot be prevented. Therefore, a manager, coach, or umpire who feels threatened by an approaching storm should stop play and get the kids to safety – regardless of whether the "flash-to-bang" proximity measure applies. When in doubt, the following rule of thumb should be applied:

#### WHEN YOU HEAR IT - CLEAR IT • WHEN YOU SEE IT -FLEE IT

#### Where NOT to Go!!!

Avoid high places, open fields, isolated trees, unprotected structures, rain or picnic shelters, dugouts, flagpoles, bleachers, metal fences, or near water.

#### Where to Go?

No place is safe from the lightning threat, but some places are safer than others. Large enclosed shelters (substantially constructed buildings) are the safest (like the Field House, or Concession Stand). For most participants, the best area to seek shelter is in a fully enclosed metal vehicle with the windows rolled up. If you are stranded in an open area and cannot get to shelter in a car, put your feet together, crouch down, and put your hands over your ears (to try to prevent eardrum damage).

#### First Aid to a Lightning Victim

Typically, the lightning victim exhibits similar symptoms as that of someone suffering from a heart attack. In addition to calling 911, the rescuer should consider the following:

- The first tenet of emergency care is "make no more casualties". If the victim is in a highrisk area (open field, isolated tree, etc.) the rescuer should determine if movement to/from that area is necessary – lightning can and does strike the same place twice. If the rescuer is not at risk, and movement of the victim is a viable option, it should be done.
- If the victim is not breathing, start mouth-to-mouth resuscitation. If it is decided to move the victim, give a few quick breaths prior to moving them.
- Determine if the victim has a pulse. If no pulse is detected, start cardiac compressions as well.

• Retrieve the AED from the concession stand and follow manufacturer protocol for patient administration.

#### NOTE: CPR / AED SHOULD ONLY BE ADMINISTERED BY A PERSON KNOWLEDGEABLE AND TRAINED IN THE PROPER TECHNIQUES FOR MEDICAL CARE.

#### Rain

As the Little League players shelter in the dugout, the rain continues pouring down. For the safety of the players, Little League rules mandate that participants play only on safe terrain. Rain may dampen the field, causing players to slip or fall and possibly injure themselves. While the ultimate decision is generally up to the Little League umpire or the coaches, officials must follow specific rules when deciding whether to cancel a game due to rain.

#### Playing on a wet field

Little League players may continue a game during rain or wet conditions if the umpire, coaches or other Little League official has determined that the field is safe for play. Adults should inspect the paths between bases, the infield and the outfield for any unsafe locations. Deep puddles, slippery patches in the dirt or grass, and any other potentially unsafe surfaces should not be present on the field during play. If adults notice any unsafe area as a result of rain, even if the players do not frequently move across that specific area, the game should be paused until conditions improve or canceled if conditions are unlikely to improve.

#### **Return to Play**

Once play has been stopped due to lightning, play shall not resume until 30 min has passed since the last lightning strike was noted.

#### **Medical Protocols**

#### Important things to remember

- **STOP ALL PLAY** when a safety situation occurs, or when an injury is evident on the playing field.
- Reassure and aid the injured player.
- Provide or assist in obtaining medical attention for those who require it.
- Know your limitations.
- Know and identify the location of the nearest first-aid kit prior to all games and practices.

- Assist those who require medical attention and when administering aid, remember to look for signs of injury (blood, black-and-blue deformity of joint, etc.).
- Listen to the injured describe what happened and what hurts if conscious.
- Before questioning, you may have to calm and soothe an excited player.
- FEEL gently and carefully the injured area for signs of swelling, sprains, or fractures.
- Make arrangement to have a cellular phone available when your game or practice is at a facility that does not have public phones.
- Report ALL injuries to the Safety Officer, and/or Board Member immediately
- When in doubt, STOP THE GAME

#### DON'T...

- Administer any medications.
- Provide any food or beverages (other than water).
- Hesitate in giving aid when needed.
- Be afraid to ask for help if you're not sure of the proper procedures (i.e., CPR, AED, etc.).
- Transport injured individuals except in extreme emergencies.
- Leave an unsupervised player on the field after a practice or game.
- Hesitate to report any present or potential safety hazard immediately to the Safety Officer or any Board Member.

#### WHEN TREATING AN INJURY, REMEMBER:

Protect... all injured parts from further damage Rest...... and minimize stress to injuries Ice..... injuries to lessen swelling Compress... and wrap sprains and strains Elevate... injured parts to minimize swelling

**Support.... and brace injuries** 

#### **Bloodborne Pathogens Procedures**

- Follow accepted guidelines for the immediate control of bleeding and disposal when handling bloody dressings, mouth guards and other articles containing body fluids.
- Managers, coaches, and volunteers with open wounds of any magnitude that may be seeping, oozing, flowing, or spurting should refrain from all direct contact with another person and or objects until the condition is resolved.
- When the presence of blood and or bodily fluids is apparent, don the appropriate personal protective equipment provided in the first-aid kit located in the concession stands to prevent additional exposure and or further contamination to the wound site.
- Bleeding must be stopped, and the open wound assessed, cleaned, and covered before the player may resume the game. If bleeding control measures cannot cease the bleeding, wound needs additional treatment, the individual(s) must be transported to the nearest medical facility for further observation and treatment.
- Once the incident has been mitigated, clean all blood / bodily fluids contaminated surfaces and equipment with the recommended cleaning solution and protocols. Dispose all items into the appropriate bio-hazard bag /container.
- Treat all bodily fluids as if they were infectious. Immediately wash hands and other skin surface(s) if contaminated with blood with soap and water. Report all incidents immediately to the Moss-Bluff Little League Safety Officer.

#### **Covid-19 Safety Protocols**

As local Little League programs are considering a return to the field, it is recommended that each league and district adheres to the guidelines set forth by their respective state and local government and health officials in terms of public gatherings, organized youth sports, and sporting events when determining when it is safe to return to Little League activities.

If you have a fever, cough or <u>other symptoms</u>, seek medical observation and testing to determine if you have contracted the Covid-19 virus. Most people have mild illnesses, seasonal allergies throughout the year and can recover at home. If you think you may have been exposed to COVID-19, contact your healthcare provider.

#### When to seek emergency medical attention

Look for **emergency warning signs**\* for COVID-19. If someone is showing any of these signs, **seek emergency medical care immediately:** 

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Bluish lips or face

\*This list is not all possible symptoms. Please call your medical provider for any other symptoms that are severe or concerning to you.

**Call 911 or call ahead to your local emergency facility:** Notify the operator that you are seeking care for someone who has or may have COVID-19.

#### What you need to know

- <u>Stay home</u> if you have tested positive for COVID-19 or are waiting on test results, are showing COVID-19 symptoms, or have had a <u>close contact</u> with a person who has tested positive for or who has symptoms of COVID-19.
- Bring your own equipment, like gloves, head gear, helmets, water bottles, and bats, if possible, to limit shared equipment.
- Stay at least 6 feet (about 2 arm lengths) from other players when possible.
- <u>Wear a mask</u> that covers your nose and mouth to help protect yourself and others when traveling to and when leaving the dugout area.
- Minimize player contact by eliminating team/player handshakes after game conclusion.
- Clean or sanitize your hands before and after practices, games, and sharing equipment.
- Tell a coach or staff member if you don't feel well.

#### **Accident Reporting Procedures**

<u>What to Report</u> – An incident that causes any player, manager, coach, umpire, or volunteer to receive medical treatment and/or first aid must be reported to the Safety Officer. This includes even passive treatments such as the evaluation and diagnosis of the extent of the injury or periods of rest.

<u>When to Report</u> – All such incidents described above must be reported to the Safety Officer within 12 hours of the incident.

<u>Who to Report To</u> – The Safety Officer for Moss Bluff Little League or the MBLL President who can be reached at the following:

2021 MBLL Safety Officer – Brandon C. Albarado Phone: (337) 842-7858 Email: <u>ALBARBC@yahoo.com</u>

2021 MBLL President – John Miguez Phone: (337) 526-9401 Email: john.miguez@yahoo.com

#### Safety Officers responsibilities for Near-Misses / Accidents

Upon notification of a near-miss or accident, the Safety Officer will notify the MBLL President of the incident, contact the injured player's parents, and:

- 1. Check on the status of the injured player.
- 2. Verify the information received.
- 3. Obtain any additional information deemed necessary.
- 4. If the injury required additional medical treatment (i.e., Emergency Room, Doctor's visit, etc.) will advise the parent or guardian of MBLL's insurance coverage.
- 5. Assist in completing and submitting claim forms.
- 6. Log the near-miss / accident in the Safety Officer Log Book and the ASAP Incident/Injury Tracking Report for record keeping.

If the extent of the injuries is more than minor in nature, the Safety Officer shall periodically call the injured player parent(s) to:

- 1. Check on the status of any injuries, and
- 2. Check if any other assistance is necessary in areas such as completion and/or submission of insurance forms, etc. until such time as the incident is considered "closed" (i.e., no further claims are expected and/or the individual is participating in the league again).

<u>How to make the report</u> – reporting incidents can come in a variety of forms. Typically, they are either via email or telephone conversations. At a minimum, the following information must be provided:

- The name, date, time, location, and phone number of the incident and those involved.
- As detailed a description of the incident as possible

- The preliminary estimation of the extent of any injuries
- The name and phone number of the person reporting the incident
- Could the accident have been avoided? If so, how?

#### **Safety Procedures for Storage Buildings**

The following applies to all the storage buildings at the MBLL Baseball Complex, and the volunteers given access to use the referenced buildings.

- All individuals with access to MBLL facilities are responsible for the orderly storage and safe upkeep of ALL equipment, materials, machines, etc.
- All chemicals and organic material stored in a MBLL storage building must be properly marked and labeled as to its contents.
- Any witnessed "loose" or "leaking" chemicals or organic materials in a MBLL storage building must be adequately cleaned-up and disposed of as soon as possible to prevent environmental contamination or accidental poisoning.
- Keep the storage buildings locked when not actively involved in taking something in or out, to avoid an unsupervised young child from wandering into the shed and getting hurt.
- Quarterly inspections will be conducted on all complex storage buildings by the safety officer and an additional board member and or park official to identify hazards and areas of improvement that may be needed to keep storage buildings in sound working condition. Inspections will be sent to the President and the Facility Manager for recordkeeping. Records shall be retained as deemed by the Facility Manager and the President.

#### **Concession Stand Safety Procedure**

#### Guidelines for concession stand operations:

#### The Concession Manager will be knowledgeable of the following:

- Agents that cause food-borne illnesses
- Personal Hygiene
- Safe practices for handling and preparing food
- Cleaning and sanitation of food service equipment and utensils

#### **Food Stand Facilities**

Our league has the following safety rules in place regarding the concession stand:

- No person under the age of eighteen will be allowed to work the grill.
- No child under the age of 15 will be allowed to work the registers.
- People working in the concession stands will follow Safe Food Preparation measures.
- Cooking equipment will be inspected periodically and repaired or replace, if needed.
- Propane tanks are turned off between seasons. They are located outside of the concession and are kept on during the season because of the pilot light.
- Grill hoods will be cleaned by Moss Bluff Parks and Recreation at least once a year or whenever it is needed.
- Cooking grease will be stored safely in containers away from open flames.
- Cleaning chemicals will be safely stored in a back-storage room and not in the concession
- where food is prepared.
- A Certified Fire Extinguisher suitable for grease fires must always be placed in plain sight. Fire Extinguishers are checked by the Ward 1 Fire Department every year.
- The Concession Manager is instructed in the use of fire extinguishers.
- A fully stocked First Aid Kit will be placed in each Concession Stand.
- The Concession Stand main entrance door will not be locked or blocked while people are inside.
- Hand washing will be followed by all volunteers on a frequent basis when handling food.
- Use the Concession Stand Weekly Checklist at the end of this chapter to keep track of any safety issues.

#### E. coli Breakouts

No league wants the reputation of having an E. coli breakout. Eating meat, especially ground beef that has not been cooked sufficiently to kill the E. coli O157:H7 bacteria, can cause infection. Contaminated meat looks and smells normal. The number of organisms required to cause disease is very small. Other known sources of infection are consumption of sprouts, lettuce, spinach, salami, unpasteurized milk and juice, and by swimming in or drinking sewage-contaminated water.

Bacteria in loose stool of infected persons can be passed from one person to another if hygiene or hand washing habits are inadequate. This is particularly likely among toddlers who are not toilet trained. Family members and playmates of these children are at high risk of becoming infected. Parents need to ensure that when their children use the restroom, they wash their hands thoroughly. Let the Concession Stand know if there is not enough toilet paper, soap or towels in the restrooms.

#### Safe Food Preparation

- CLEAN WASH HANDS AND SURFACES OFTEN!
- Wash hands with hot soapy water before handling food.
- Wash cutting boards, dishes, utensils and counters with hot soapy water after preparing each food item.
- All wiping cloths must be stored in a sanitizing solution made up of bleach and water at approximately 1 capful of bleach per 1 gallon of water.
- A supply of disposable towels and hand soap must be available.
- Use the thin plastic-type gloves when preparing/handling any type of food.
- SEPARATE DON'T CONTAMINATE
- Keep raw meat separate from ready-to-eat foods.
- Use a clean plate for cooked foods. Never place cooked food on a plate that previously held raw food.
- All food items should be covered, whenever possible.
- Wash fruits and vegetables under running water, especially those that will not be cooked. Be aware that bacteria are sticky, so even thorough washing may not remove all contamination. Remove the outer leaves of leafy vegetables.
- Store food at least six inches off the floor to minimize contamination and allow proper floor cleaning.
- Wash hands frequently!
- COOK COOK FOOD TO PROPER TEMPERATURES
- When cooking in a microwave oven, cover food, stir and rotate for even cooking.
- Keep hot foods hot, and cold foods cold! Hot foods must be kept at 140°F or above, and cold foods must be kept at 41°F or below.
- Hamburgers should be cooked to 160°F; or by not having patties that are pink in the middle.
- Use a clean metal stemmed thermometer to measure the internal temperature of cooked food to ensure it is thoroughly done.
- CHILL REFRIGERATE PROMPTLY
- Refrigerate foods quickly. Cold temperatures keep harmful bacteria from growing and multiplying.
- Refrigerator temperature must be set at 40°F or lower, and freezer at 00°F or lower. Check these temperatures often.
- Thaw food in the refrigerator.
- Divide large amounts of food into small,
- shallow containers for quick cooling.
- Don't over-pack the refrigerator.
- Keep the freezer and refrigerator closed when not in use. This keeps the cold air inside.

# Volunteers Must Wash Hands



#### WHEN

## Wash your hands before you prepare food or as often as needed.

#### Wash after you:

- use the toilet
- touch uncooked meat, poultry, fish or eggs or other potentially hazardous foods
- interrupt working with food (such as answering the phone, opening a door or drawer)
- eat, smoke or chew gum
- touch soiled plates, utensils or equipment
- take out trash
- touch your nose, mouth, or any part of your body
- sneeze or cough

# Do not touch ready-to-eat foods with your bare hands.

Use gloves, tongs, deli tissue or other serving utensils. Remove all jewelry, nail polish or false nails unless you wear gloves.

#### Wear gloves.

when you have a cut or sore on your hand when you can't remove your jewelry

#### If you wear gloves:

wash your hands before you put on new gloves

#### Change them:

- as often as you wash your hands
- when they are torn or soiled

Developed by UMass Extension Nutrition Education Program with support from U.S. Food & Drug Administration in cooperation with the MA Partnership for Food Safety Education. United States Department of Agriculture Cooperating. UMass Extension provides equal opportunity in programs and employment.



# Attachment A

# Líttle League Basíc Volunteer Application

https://www.littleleague.org/downloads/returning-volunteer-application/

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This volunteer application can be used <u>as a reference</u> for leagues utilizing the JDP Quick App or for leagues that are using an outside background check provider that meets the standards of Little League Regulation 1(c)9. Visit <u>Little League.org/localBGcheck</u> for more information.

# All RED fields are required.

Address		
City	Side D	Þ
Phone:	Cell Phone	
	E-mail Address:	
D#		

1. Have you ever been charged with, convicted of, plead no context, or guitty to any crime(s) involving or against

# a minor, or of a secual nature?

(IF volunteer answered yes to Question 1, the local league must contact the Little League Security Manager.) If yes, describe each in full; Ves No

- Have you ever been convided of or plead no contest or guilty to any annels? If yes, describe each in full: Yes No No
- Do you have any atminal charges pending against you regarding any atmets? (Answoring yes to Question 2, does not automatically disqualify you as a volunteer.) Yes ş

If yas, describe each in full:

(Answering yes to Guestion 3, does not automatically disquality you as a volunteer.)

 Hove you ever been released participation in any other youth programs and/ar lated on the SateSport
Central and Decipinary Database or USA Baseball Insightle las?
 Ves If yes, explain: U N

(If volunteer answered yes to Question 4, the local league must control the little league Security Manager.)

5. In which of the following would you like to participate? (Check one or more.)

Umpire	Coach	League Official
Scorekeeper	Manager	Field Maintenance
	Other	Concession Stand

A COPY OF VALID GOVERNMENT ISSUED PHOTO IDENTIFICATION MUST BE <u>AITACHED</u> TO COMPLETE THIS APPLICATION (NOT NECESSARY IF VOLUNTEER IS RETURNING).

Please provide updated information below if there are any changes from previous years or requesting a new position.

Employer:	Occupation:	

Special professional training, skills, hobbies

Special Certifications (CPR, Medical, etc.):

Special Attitutions (Clubs, Services Organizations, etc.)

Previous volunieer experience (including baseball/softball and years (s)):

# E YOUUVE IN A SME THAI REQUIRES A SEMANTE BACKGROUND CHECK BY LAW, REASE ATTACH A COPY OF THAI SME'S BACKGROUND CHECK, FOR MORE INFORMATION ON STATE LAWS, WIST OUR WESSTIE <u>Link loops on Equival</u>

AS A COMPTION OF VOLUNTEERNG, I give permission for the like League expansion for to conduct background check[4] on one now and on long on 1 continue to be acrive with the organization, which may include a on-nive of a second second

Applicant Name (pieces print or type) Date Date	_		
vint or type] Date Date	H Minor/Parent Signature	Applicant Signature	Applicant Name (please p
Date			rint or type]
	Date	Date	

NOTE The local latte tragger and latte tragger Bareball, Incorporated will not discriminate against any person on the basis of race, aread, aske, national origin, marked statu, genetic, second orientation or chability.

Bockground check completed by league afficer on	LOCAL LEAGUE USE ONLY:
ĩ.	

System(s) used for background check (minimum of one must be checked): Review rise timle teague Regulation 1 (c)(9) for all background check requirements

IDP (Includes review of the ScheSport Centralized Disciplinary and USA Baseball Ineligible List)\* 8

National Criminal Database check SafeSport Centralized Disciplinary Database and/or USA Baseball Insligible list Sex Offender

National Sex Offender Registry

Only attach to this application copies of background check reports that reveal convictions of this application with the Fair Candit Reporting Act with the Fair Candit Reporting Act country be the league volume.

lass Updated: 10/28/2020

# Attachment B

Líttle League Volunteer Application

https://www.littleleague.org/downloads/volunteer-application/

Little League <sup>®</sup> Volunteer Application - 2021 Do not use forms from past years. Use extra paper to complete if additional space is required.	er Application – 2021
This volunteer application should only be used if a league is manually entering information into JDP or an outside background check provider that meets the standards of Little League Regulations 1(c)9. THIS FORM SHOULD NOT BE COMPLETED IF A LEAGUE IS UTILIZING THE JDP QUICKAPP, Visit Littlecause.org/RoolBGcheck for more information.	7. Here you ever been whused participation in any other youth programs and/or lated on the ScheSpart Central Disciplinary Database at USA Boseball beligible Usif If yes, explain:
A COPY OF VALID GOVERNMENT ISSUED PHOTO IDENTIFICATION MUST BE <u>ATTACHED</u> TO COMPLETE THIS APPLICATION.	[If volunteer answered yes to Quastion 7, the local lingue must cardiact the Little Lengue Security Manager In which of the following would you like to participate? [Check one or now]
All RED fields are required.	Leanue Official Umpire     Manager     Concession Streed
Nome Date Date	Cooch Fald Maintenance Scorekeeper Other
City State Zip	youth program:
Social Security # (mandatory)	Name/ more
Cell Phone Business Phone	
Home Phone: E-mail Address:	
Date of Birth	IF YOU I VE IN A STATE THAT RECUBRES A SEMARATE BACKY BOUND CHECK BY LAW. BEAKE ATTACH A CORVOR THAT O
Occupation	ACCOROUND CHECK, FOR MORE INFORMATION ON STATE LIMPS, VISIT OUR WEBSITE LIMPLAND, Packatel
Employer	AS A CONDITION OF VOLUNTERING, I give permission for the little league organization to conduct background check me now and as long as I continue to be ocfore with the occurrization, which may include a review of sam offender motivities to
Address	which contain name only searches which may result in a report being generated that may or may not be mail, child abuse and o
Special professional training, skills, habibies:	badquard. I havshy vskasa and agives to hald Samines from littli ly the local little inorgan, little trogge Boseball, incorporat officient, employees and volunteen formed, or any offer person or organization into any modes such information, if also and that samatheau of anyoiran moderates. It that consult and obtained no condense to a valuate on action of manched
Community allitations (Clubs, Service Organizations, etc.):	that, prior to the expiration of my term, I am subject to suppression by the President and removed by the Board of Direction for vi of Utile League policies or principles.
Previous volumber experience (including baseball/ softball and year);	Applicant Signature Date
Do you have children in the program     I use the second sheet levels     If yes, list full name and wheet levels	If Minor/Perest Signature Date Date
2. Special Certification (CNR, Medical, etc.)8 If yes, list:     3. Do you have a valid driver's license?     19     19     19     19     19     19     19	NOTE: The local DHe League and Ethis League Baseboll, Incorporated will not discriminate ogninat any person on the basis creed, cable, national origin, month's status, gander, sewal orianisation or disaddity.
Driver's licennet!	Background dwack completed by lengtes officer on
mmore, or a convension of the set of the se	System() used for background check (institutes of one must be checked): Barrises the Units Longue Regulation 10(09) for all background check requirements [] JDP (Includes review of this SofisSport Consolitord Disciplinary and USA Baseball holigble List)*
S. Hown you work hean convicted of or plead no context or guilty to any crime(s)?     If you, describe such in hilt:     // fursewing yes to Question 5, does not automatically disqualify you as a valunteet.     //      // A set of the data o	National Criminal Dorbhone check     SchSport Centrolized Disciplinary Dorbhone and/s     National Sas Offender Begüny     USA Baseball heiligible lair Sas Offender
s voluntees.)	The second encoder on the second of the second encoder of the second of the complete on the second of the second encoder of the seco
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and Little League Baseball, incorporated will not obscriminate against any person on the basis of roce, notial status, gender, sexual orientation or displative,

Applicant Signature	4.4. A CONTIGNO OF VOLUMERING, 1 give granning to an error and long on Contines the forder with fin any which continuous and the start of the start of the start history record. I multi-trained find, 2 signature, the predicts in con- dition, reprises an and continents finescale, core of the prediction of the start of the start of the start of the start of the start of the start of the start of the start of the start has explored and prediction and the start has explored and prediction to the block preser the start prediction of the start has a start of the longer particles or principles.	IF YOU WE IN A STATE THAT REQUEES A SPANNER INCOGE MCXCROUND CHECK. FOR MORE INFORMATION ON S	Places ha free references, at least one of which has knowledge of your participation as a volunteur in a youth program: Name/Phone	In which of fise following would you like to porticipate? (Oracions errans)  Langua Official Umpire Manager Coach Fald Maintenance Scoreiseep	<ol> <li>Hove you ever been wheed participation in any other Disciplicary Database or USA Baneball teeligible tail If yea, explain: (If rolunteer answerd yes to Gwarton 7, the local If is a set of the set</li></ol>
Date	5.4 A CONDICNO OF VOUNTERING, i give provincion for the title larger separatates to concluc indegrand sheakly on an new ord n large of continue to the other with the organization, which any index a mainer of an end of the other set the organization, which any index the other set of the set of the other set o	FYOUINE IN A STATE THAT REQUEES A SEMANTE INCREMENDIOLECK BY LWK. TREASE ATTACH A COPY OF THAT STATES ANCORACUNO CHECK, FOR MORE INFORMATION ON SMITL LWKS, VISIT OUR WESSTE (Industry and Pasterians)	owledge of your participation as a volunteer in a	9 [Clack one errows]  Charles one errows]  Concession Stand  Scorekesper  Other	7. How you ever have nifued participation in any other youth programs and/ar lated on the SafeSport Contraduad Disciplicary Database or USA Baueball teefigible late If you, explain: If you, explain: If whiteer answard yes to Question 7, file local locgue must centred the Title Lengue Security Manager.]

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# Attachment C

# MBLL Medícal Release Form

https://www.littleleague.org/downloads/medical-release-form/

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	OTE: To be carried by any er together with team ros				
	-			OVALT!	
Player:	Date	e of Birth:	Gend	er (M/F):	
Parent (s)/Guardian Name:		R	elationship:		
Parent (s)/Guardian Name:		R	elationship:		
Player's Address:		_City:	State	Country:Zip:	
Home Phone:	Work Phone:		Mobile Ph	one:	
PARENT OR LEGAL GUARDIAN AUTHORIZATION:			Email:		
		I have built at the			
In case of emergency, if family phy Emergency Personnel. (i.e. EMT, Fi			orize my child to	be treated by Certified	
Family Physician:		P	hone:		
			State/Country:		
Hospital Preference:					
Parent Insurance Co:			Group	10#-	
League Insurance Co:	Policy N	lo.:	Leagu	ie/Group ID#:	
If parent(s)/legal guardian cannot	be reached in case of en	ergency, conta	act:		
		Phone			
Name	iame Pro		one Relationship to Player		
Name		Phone	Re	elationship to Player	
Please list any allergies/medical pro	blems, including those requi	ring maintenance	e medication. (i.e.	Diabetic, Asthma, Seizure Disorder)	
Medical Diagnosis		Medication		Frequency of Dosage	
Date of last Tetanus Toxoid Booster	r:				
The purpose of the above listed information	is to ensure that medical personn	el have details of a	ny medical problem w	hich may interfere with or alter treatmen	
Mr./Mrs./Ms.					
Authorized Pare	nt/Guardian Signature			Date:	
, is the first of the					
FOR LEAGUE USE ONLY:					
		Le	ague ID:		

# Attachment $\mathcal{D}$

# MBLL Manager / Coach Code of Conduct

Moss-Bluff Little League (MBLL) expects the following standards of conduct and behavior for its managers and coaches. All managers and coaches in the Moss-Bluff Little League (MBLL) must adhere to this code of conduct.

- Encourage your players to play by the rules. Children learn best by the examples set by their coaches, so applaud play by both teams.
- Be a positive role model by showing good sportsmanship, a positive attitude and remembering the real reason for the game: To have fun!
  - DO NOT ridicule, belittle, use profane language, throw items or yell at players, coaches, umpires or parents.
  - b. Always show a positive attitude, on and off the field.
- 3. Remember that all rulings by an umpire on the field are final. If there is a question on an umpire's ruling you should call time out and get with the umpire and the opposing coach out of earshot of players, parents and spectators. Once the conversation is finished, get back to the game. Do not continue to discuss the matter.
- Emphasize skill development at all practices and continually work to develop less skilled players.
- MBLL has a no tobacco, alcohol, illegal drug policy at all fields during all practices and games. No alcohol before a game or practice. Absolutely NO alcohol at the field before, No illegal use of drugs of any sort during or after a game or practice.
- 6. Speak positively of Moss-Bluff Little League and support the decisions of the Board.
- 7. Use fields and times allotted to your team by the league.

#### Violence and Harassment Policy

In order to protect the climate of safety and security for all participants and to make clear Moss-Bluff Little League's long-standing position toward any threat or harassment toward any league participant; the League's Board has chosen to document this policy as a code of conduct.

The Moss-Bluff Little League (MBLL) hereby adopts a zero-tolerance policy toward any form of violence and harassment, understood as: physical hitting, shoving, kicking, throwing of objects, unwanted sexual advances, all forms of physical assault; abusive language or e-mails, threats, harassment and intimidation; ejection from a game; any attitude or action that can be reasonably construed as violence toward another.

The MBLL Board will immediately communicate this policy to all MBLL members and stakeholders, especially managers, coaches, umpires, parents, and players, and advise them of their responsibility to report all incidents that can reasonably be construed as violence.

Upon receipt of any report of alleged violence, the President of MBLL or his lawful representative and an appointed sub-committee member, will investigate to determine if the allegations are substantiated. The investigation will commence within 12 hours of the reported incident.

If the allegations of misconduct are substantiated, one or more of the following consequences will be recommended to the board.

- \* Be given a verbal/written warning that the action/behavior must stop immediately.
- \* Be reprimanded verbally before the board and in writing and placed on probation for one year.
- Be suspended from managing/coaching/umpiring any MBLL team for any length determined by the board, and/or restriction from any and all activity associated with Eastvale Little League.

It is the intent of the Moss-Bluff Little League (MBLL) to ensure a safe, productive, and professional baseball environment and the board will render decisions with these principles in mind.

Final decisions must be approved by the board of directors. If any consequences are given by the board, the sub-committee will appropriately inform the person(s) involved. Violation of any terms of consequence will result in a more severe consequence. By signing below, you agree with the code of conduct given and will to the best of your ability conduct yourself in a manner which is always professional both on and off the field.

(Print Name)

Rectangular Snip

(Signature)

(Date)

# Attachment $\mathcal{E}$

# MBLL Umpire Code of Conduct
Moss-Bluff Little League (MBLL) expects the following standards of conduct and behavior of all umpires:

- Fairly call the game based on your best judgment of the rules (local and national) as established by the league.
- 2. Communicate the rules of the game effectively to the managers, coaches and players.
- 3. Respond professionally when asked for clarification of rules and judgment calls.
- 4. Treat both teams and all players equally and fairly and ensure the rights of players.
- Treat managers, coaches, other volunteers, players and parents with dignity. Attempt to pursue positive approaches to dealing with all parties.
- 6. Show good sportsmanship, a positive attitude and remember the real reason for the game: To have fun!
- Report to the Board as soon as feasible any issues or problems beyond your authority or are unable to resolve.

## Violence and Harassment Policy

In order to protect the climate of safety and security for all participants and to make clear Moss-Bluff Little League's long-standing position toward any threat or harassment toward any league participant; the League's Board has chosen to document this as a code of conduct.

The Moss-Bluff Little League (MBLL) hereby adopts a zero-tolerance policy toward any form of violence and harassment, understood as: physical hitting, shoving, kicking, throwing of objects, unwanted sexual advances, all forms of physical assault; abusive language or e-mails, threats, harassment and intimidation; ejection from a game; any attitude or action that can be reasonably construed as violence toward another.

The Moss-Bluff Little League (MBLL) Board will immediately communicate this policy to all MBLL members and stakeholders, especially managers, coaches, umpires, parents, and players, and advise them of their responsibility to report all incidents that can reasonably be construed as violence.

Upon receipt of any report of alleged violence, the President of MBLL or his lawful representative and an appointed sub-committee, will investigate to determine if the allegations are substantiated. The investigation will commence within 12 hours of the reported incident.

If the allegations of misconduct are substantiated, one or more of the following consequences will be recommended to the board.

- · Be given a verbal/written warning that the action/behavior must stop immediately.
- Be reprimanded verbally before the board and in writing and placed on probation for one year.
- Be suspended from managing/coaching/umpiring any MBLL team for any length determined by the board, and/or restriction from any and all activity associated with Moss-Bluff Little League (MBLL).

It is the intent of the Moss-Bluff Little League (MBLL) to ensure a safe, productive, and professional baseball environment and the board will render decisions with these principles in mind.

Final decisions must be approved by the board of directors. If any consequences are given by the board, the sub-committee will appropriately inform the person(s) involved. Violation of any terms of consequence will result in a more severe consequence. By signing below, you agree with the code of conduct given and will to the best of your ability conduct yourself in a manner which is always professional both on and off the field.

(Print Name)

(Signature)

(Date)

## Attachment F

# MBLL Parent Code of Conduct Form

https://www.littleleague.org/downloads/parent-code-conduct/

# **Sport Parent Code of Conduct**

We, the

Little League,

have implemented the following Sport Parent Code of Conduct for the important message it holds about the proper role of parents in supporting their child in sports. Parents should read, understand and sign this form prior to their children participating in our league.

Any parent guilty of improper conduct at any game or practice will be asked to leave the sports facility and be suspended from the following game. Repeat violations may cause a multiple game suspension, or the season forfeiture of the privilege of attending all games.

### Preamble

The essential elements of character-building and ethics in sports are embodied in the concept of sportsmanship and six core principles:

- · Trustworthiness,
- · Respect,
- · Responsibility,
- Fairness,
- · Caring, and
- · Good Citizenship.

The highest potential of sports is achieved when competition reflects these "six pillars of character."

### I therefore agree:

- 1. I will not force my child to participate in sports.
- I will remember that children participate to have fun and that the game is for youth, not adults.
- I will inform the coach of any physical disability or ailment that may affect the safety of my child or the safety of others.
- 4. I will learn the rules of the game and the policies of the league.
- 5. I (and my guests) will be a positive role model for my child and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all players, coaches, officials and spectators at every game, practice or other sporting event.
- 6. I (and my guests) will not engage in any kind of unsportsmanlike conduct with any official, coach, player, or parent such as booing and taunting; refusing to shake hands; or using profane language or gestures.

- I will not encourage any behaviors or practices that would endanger the health and well being of the athletes.
- I will teach my child to play by the rules and to resolve conflicts without resorting to hostility or violence.
- I will demand that my child treat other players, coaches, officials and spectators with respect regardless of race, creed, color, sex or ability.
- I will teach my child that doing one's best is more important than winning, so that my child will never feel defeated by the outcome of a game or his/her performance.
- I will praise my child for competing fairly and trying hard, and make my child feel like a winner every time.
- I will never ridicule or yell at my child or other participants for making a mistake or losing a competition.
- I will emphasize skill development and practices and how they benefit my child over winning. I will also de-emphasize games and competition in the lower age groups.
- 14. I will promote the emotional and physical wellbeing of the athletes ahead of any personal desire I may have for my child to win.
- 15. I will respect the officials and their authority during games and will never question, discuss, or confront coaches at the game field, and will take time to speak with coaches at an agreed upon time and place.
- 16. I will demand a sports environment for my child that is free from drugs, tobacco, and alcohol and I will refrain from their use at all sports events.
- I will refrain from coaching my child or other players during games and practices, unless I am one of the official coaches of the team.

Parent/Guardian Signature

## Attachment G

## Managers, Coaches, and Umpíres Checklíst

https://www.littleleague.org/downloads/asap-requirement-10-safety-procedures/

## **Good Procedures to Implement**

## Checklist for Managers, Coaches, and Umpires

Here are some good procedures for your league to implement and follow on several required areas of the safety plan. Requirements 7, 10, 12 and 13 are all included in the checklists below. These come from several leagues whose volunteers are providing safety leadership through their efforts to increase awareness and help volunteers do the right thing at the right time.

### **A. Safe Playing Areas**

Regular safety inspections of all fields, (practice and game), structures, and dugouts, is the best way to eliminate conditions that cause accidents. Managers, coaches, and umpires should routinely check playing area for:

- 1. Holes, damage, rough or uneven spots, slippery areas, and long grass
- 2. Glass, rocks, foreign objects
- 3. Damage to screens or fences, including holes, sharp edges, or loose edges
- 4. Unsafe conditions around backstop, pitcher's mound, or warning track
- 5. Proper attire by the catcher at all times, including in the bull pens and in between innings

### **B. Safe Equipment**

All equipment shall be inspected before each use. Regular safety inspection of equipment is essential. Managers, coaches, and umpires should:

- 1. Be sure all equipment is LL approved
- 2. Inspect all bats, helmets, and other equipment on a regular basis. Dispose of unsafe equipment properly.

- 3. Keep loose equipment stored properly
- 4. Have all players remove all personal jewelry
- 5. Parents should be encouraged to provide safety glasses for players who wear glasses
- 6. Repair or replace defective equipment

### **C. Safe Procedures**

Managers and coaches must:

- 1. Have all players' medical release forms with you at every practice and game
- 2. Have a first aid kit with you all practices and games
- 3. Have access to a telephone in case of emergencies
- 4. Know where the closest emergency shelter is in case of severe weather
- 5. Ensure warm-up procedures have been completed by all players
- 6. Stress the importance of paying attention, no "horse playing allowed"
- 7. Instruct the players on proper fundamentals of the game to ensure safe participation
- 8. Each practice should have at least 2 coaches in case of an emergency

#### **D.** Weather Conditions Before the Storm

- 1. Check the weather forecast before leaving for a game or practice
- 2. Watch for signs of an approaching storm
- 3. Postpone outdoor activities if storms are imminent

#### Approaching Thunderstorm

1. Take caution when you hear thunder. If you hear thunder, you are close enough to get struck by lightening. During a game, the umpire will clear the field in the event of an approaching storm.

- 2. Move to a safe environment immediately. Do not go under a tree or stay in the dugout.
- 3. If lightening is occurring and there is not sturdy shelter near, get inside a hard top automobile and keep the window up.
- 4. Stay away from water, metal pipes, and telephone lines.
- 5. Unplug appliances not necessary for obtaining weather information. Avoid the telephone except for emergency use only.
- 6. Turn off air conditioners.

#### If caught outdoors & no shelter exists

- 1. Find a low spot away from trees, fences, light poles, and flagpoles. Make sure the site you pick is not prone to flooding.
- 2. If in the woods, take cover under shorter trees
- 3. If you feel your skin begin to tingle or your hair feels like it's standing on end, squat low to the ground, balancing on the balls of your feet. Make yourself the smallest possible target, tuck your head between your legs, and minimize your contact with the ground.

### What to do if someone is struck by lightning

- 1. The person who has been struck will carry no electrical charge; therefore, they are safe to touch.
- 2. Call 9-1-1 as soon as possible for help.
- 3. Check for burns to the body.
- 4. Give first aid as needed.
- 5. If breathing and/or heartbeat have stopped, perform CPR until EMS arrives.
- 6. Contact the league Safety Officer or President ASAP.

## Attachment H

Moss-Bluff Líttle League Complex



Attachment I

# Moss-Bluff Líttle League Near-Míss Form

### MBLL

## NEAR MISS REPORT

A near miss is a potential hazard or incident that has not resulted in any personal injury. Unsafe working conditions, unsafe employee work habits, improper use of equipment or use of malfunctioning equipment have the potential to cause injuries. It is everyone's responsibility to report and / or correct the potential accidents/incidents immediately. Please complete this form to report near-miss situations.

Department/Location \_\_\_\_\_

Date: \_\_\_\_\_\_\_Time \_\_\_\_\_\_ AM \_\_PM

Please check all	appropriate	conditions:
------------------	-------------	-------------

1	Unsafe Act		Unsafe Equipment		Unsafe Condition		Unsafe use of equipment
---	------------	--	------------------	--	------------------	--	-------------------------

Description of incident or potential hazard:

### NEAR MISS INVESTIGATION

Description of the near-miss condition:

Causes (primary & contributing):

Corrective action taken (Remove the hazard, replace, repair, or retain in the proper procedures for the task):\_\_\_\_\_

Corrective action completed by: \_\_\_\_\_\_

Safety Officer Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Facility Manager Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## Attachment J

# Moss-Bluff Líttle League Fírst-Aíd Log

							Date		
							Time		
							Sporting Event BB / SB		
							Location		
							Description of the Accident		Moss-Bluff Little League First Aid Log - 2021
							Injury Description		e League   - 2021
							Treatment Provided	Month of:	
							Treated by: Date and Time		
<u> </u>	<u> </u>	$\overline{\sigma}$	╵╌╵			 LL K			

Attachment K

# Moss-Bluff Líttle League Baseball ASAP Incídent/Injury Tracking Report

https://ll-production-uploads.s3.amazonaws.com/uploads/2017/12/Incident-Injury-Tracking-<u>Form.pdf</u>

## For Local League Use Only Activities/Reporting

## A Safety Awareness Program's Incident/Injury Tracking Report

Field Name/Location: Incident Time:   Injured Person's Name: Date of Birth:   Address: Age:   Sex: Male   Female   City: State   Parent's Name (If Player):   Parents' Address (If Different): City City Incident occurred while participating in: A.) Baseball Softball Challenger T-Ball Minor Major Intermediate (50/70) Big League C.) Tryout Practice Game Tournament Special Event	League Name:		Leagu	e ID:	Incid	lent Date:				
Address:	Field Name/Location: Incident Time:									
City:StateZIP:Home Phone: ( ) Parent's Name (If Player):Work Phone: ( ) Parents' Address (If Different):City Incident occurred while participating in: A.) Baseball Softball Challenger TAD B.) Challenger T-Ball Minor Major Intermediate (50/70) Junior Senior Big League	Injured Person's Name: Date of Birth:									
Parent's Name (If Player):       Work Phone: ( )         Parent's Address (If Different):       City         Incident occurred while participating in:       City         A.) Baseball       Softball       Challenger         B.) Challenger       T-Ball       Minor       Major         Junior       Senior       Big League	Address:				Age:	Sex:  Male  Female				
Parents' Address (If Different): City Incident occurred while participating in: A.) Baseball Softball Challenger TAD B.) Challenger T-Ball Minor Major Intermediate (50/70) Junior Senior Big League	City:		D:	Home Phone:	( )					
Incident occurred while participating in: A.) Baseball Softball Challenger TAD B.) Challenger T-Ball Minor Major Intermediate (50/70) Junior Senior Big League	Parent's Name (If P	'layer):		Work Phone:	( )					
A.) Baseball Softball Challenger TAD B.) Challenger T-Ball Minor Major Intermediate (50/70) Junior Senior Big League	Parents' Address (If	Different):		City						
B.) Challenger T-Ball Minor Major Intermediate (50/70)	Incident occurred	while participating in	1:							
□ Junior □ Senior □ Big League	A.) 🗖 Baseball	Softball	Challenger	TAD						
	B.) 🗖 Challenger	T-Ball	Minor	Major	🗖 Interm	ediate (50/70)				
C.) Tryout Practice Game Tournament Special Event	Junior	Senior	Big League							
	C.) 🗖 Tryout	Practice	Game	🗆 Tournam	ent 🛛 🗆 Specia	al Event				
Travel to Travel from Other (Describe):	Travel to	Travel from	Other (Describe)	e):						
Position/Role of person(s) involved in incident:	Position/Role of pe	erson(s) involved in	incident:							
D.) 🛛 Batter 🔹 Baserunner 🗬 Pitcher 🔹 Catcher 🔅 First Base 🔹 Second	D.) 🗖 Batter	Baserunner	Pitcher	Catcher	🗆 First B	Base 🔲 Second				
Third Short Stop Left Field Center Field Right Field Dugout	Third	Short Stop	Left Field	Center F	ield 🛛 🗖 Right I	Field 🗖 Dugout				
□ Umpire □ Coach/Manager □ Spectator □ Volunteer □ Other:	Umpire	Coach/Manager	Spectator	Voluntee	r 🗖 Other:	:				
Type of injury:	Type of injury:	a Pastanaula	an Sain							
	Waa first sid ragui		was what							
Was first aid required?  Yes No If yes, what:	-									
Was professional medical treatment required?  Yes No If yes, what:						in a game or practice.)				
Type of incident and location:	Type of incident a	nd location:								
A.) On Primary Playing Field B.) Adjacent to Playing Field D.) Off Ball Field	A.) On Primary Play	ing Field		B.) Adjacer	nt to Playing Field	d D.) Off Ball Field				
Base Path: Running or Sliding Seating Area Travel:	Base Path:	Running or Sli	ding	Seating Area						
Hit by Ball: Pitched or Thrown or Batted Parking Area Car or Bike or	Hit by Ball:	Pitched or Th	rown <i>or</i> 🔳 Batted	Parking Area     Car or      Car						
Collision with: Player or Structure C.) Concession Area Walking	Collision with	: 🗆 Player <i>or</i> 🛛 🗆 Str	ructure	C.) Conces	C.) Concession Area 🛛 Walking					
Grounds Defect Dolunteer Worker League Activity	Grounds Defe	ect		Volu	Volunteer Worker					
Other: Other: Other:	Other:			🗖 Cust	Customer/Bystander Other:					
Please give a short description of incident:										
Could this accident have been avoided? How:	Could this accider	nt have been avoided	? How:							
This form is for local Little League use only (should not be sent to Little League International). This document should be used to evaluate				-						
potential safety hazards, unsafe practices and/or to contribute positive ideas in order to improve league safety. When an accident occurs, obtain as much information as possible. For all Accident claims or injuries that could become claims to any eligible participant under the Ac		, i i								
cident Insurance policy, please complete the Accident Notification Claim form available at http://www.littleleague.org/Assets/forms_pubs/										
asap/AccidentClaimForm.pdf and send to Little League International. For all other claims to non-eligible participants under the Accident policy or claims that may result in litigation, please fill out the General Liability Claim form available here: http://www.littleleague.org/As-										
sets/forms_pubs/asap/GLClaimForm.pdf.			ini out the General Lia	onity claim for	n available here. http					
Prepared By/Position: Phone Number: () Signature: Date:		on:				)				

Attachment L

# Moss-Bluff Líttle League Baseball Accident Notification Form

https://ll-production-uploads.s3.amazonaws.com/uploads/2017/12/Accident-Claim-Form-1.pdf

# ACCIDENT NOTIFICATION FORM

Send Completed Form To: Little League, International 539 US Route 15 Hwy, PO Box 3485 Williamsport PA 17701-0485 Accident Claim Contact Numbers: Phone: 570-327-1674

Accident & Health (U.S.)

- This form must be completed by parents (if claimant is under 19 years of age) and a league official and forwarded to Little League Headquarters within 20 days after the accident. A photocopy of this form should be made and kept by the claimant/parent. Initial medical/ dental treatment must be rendered within 30 days of the Little League accident.
- Itemized bills including description of service, date of service, procedure and diagnosis codes for medical services/supplies and/or other documentation related to claim for benefits are to be provided within 90 days after the accident date. In no event shall such proof be furnished later than 12 months from the date the medical expense was incurred.
- 3. When other insurance is present, parents or claimant must forward copies of the Explanation of Benefits or Notice/Letter of Denial for each charge directly to Little League Headquarters, even if the charges do not exceed the deductible of the primary insurance program.
- Policy provides benefits for eligible medical expenses incurred within 52 weeks of the accident, subject to Excess Coverage and Exclusion provisions of the plan.
- Limited deferred medical/dental benefits may be available for necessary treatment incurred after 52 weeks. Refer to insurance brochure
  provided to the league president, or contact Little League Headquarters within the year of injury.
- 6. Accident Claim Form must be fully completed including Social Security Number (SSN) for processing.

League Name						Le	ague I.D	).	
			PART 1						
Name of Injured Person/C	laimant	SSN	ARTI	Date of Birth	(MM/DD/Y	Y) Ag	je :	Sex	
						1		Female	Male
Name of Parent/Guardian,	if Claimant is a Minor			Home Phone	(Inc. Area	Code) Bu	is. Phon	e (Inc. Area	Code)
				( )			( )		
Address of Claimant			Addres	s of Parent/G	uardian, if	different			
The Little League Master A per injury. "Other insurance employer for employees ar	e programs" include fam	nily's personal ins	surance, st	udent insuran	ce through	n a school	or insur	ance through	
Does the insured Person/P	arent/Guardian have a		Inc	nployer Plan lividual Plan	⊡Yes ⊡Yes		School P Dental P		
Date of Accident	Time of Acciden	t Type of	Injury						
Describe exactly how acci	dent happened, includir	ng playing positio	n at the tir	ne of accident	t:				
SOFTBALL CHALLENGER TAD (2ND SEASON)	CHALLENGER (4 T-BALL (4 MINOR (6	-12) UOLUI -12) PLAYE -13) OFFIC SAFET	GER, CO/ NTEER UI ER AGENT	ACH D MPIRE D REKEEPER D ER D	TRAVE	TICE DULED G		SPECIAL E (NOT GAM SPECIAL C (Submit a c your approv Little Leagu Incorporate	ES) SAME(S) opy of val from ie
I hereby certify that I have complete and correct as he I understand that it is a crir submitting an application of I hereby authorize any phy that has any records or kno Little League and/or Nation as effective and valid as the	erein given. me for any person to int or filing a claim containir sician, hospital or other owledge of me, and/or t nal Union Fire Insurance	entionally attemp ng a false or dece medically related he above named	ot to defrau eptive state d facility, in I claimant,	d or knowingl ement(s). See surance com or our health,	y facilitate Remarks pany or ot to disclos	a fraud as section or her organi e, whenev	gainst ar n reverse ization, ii ver reque	n insurer by e side of form nstitution or ested to do s	n. person o by
Date	Claimant/Parent/Guard	ian Signature (In	a two par	ent household	l, both pare	ents must	sign this	form.)	
Date	L Claimant/Parent/Guard	ian Signature							

#### For Residents of California:

Any person who knowingly presents a false or fraudulent claim for the payment of a loss is guilty of a crime and may be subject to fines and confinement in state prison.

#### For Residents of New York:

Any person who knowingly and with the intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information, or conceals for the purpose of misleading, information concerning any fact material thereto, commits a fraudulent insurance act, which is a crime, and shall also be subject to a civil penalty not to exceed five thousand dollars and the stated value of the claim for each such violation.

#### For Residents of Pennsylvania:

Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information or conceals for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime and subjects such person to criminal and civil penalties.

For Residents of All Other States: Any person who knowingly presents a false or fraudulent claim for payment of a loss or benefit or knowingly presents false information in an application for insurance is guilty of a crime and may be subject to fines and confinement in prison.

PART 2 - LEAGUE STATEMENT (Other than Parent or Claimant)									
Name of League	Name of Injured P	erson/Claimant	League I.D. Number						
Name of League Official			Position in League						
Address of League Official			Telephone Numbers (Inc. Area Codes) Residence: ( ) Business: ( ) Fax: ( )						
Were you a witness to the accident? □Yes □No Provide names and addresses of any known witnesses to the reported accident.									
Oberlathe being for all another ista	New Articles As Long Long New York		4-1						
Check the boxes for all appropriate POSITION WHEN INJURED 01 1ST 02 2ND 03 3RD 04 BATTER 05 BENCH 06 BULLPEN 07 CATCHER 08 COACH 09 COACHING BOX 10 DUGOUT 11 MANAGER 12 ON DECK 13 OUTFIELD 14 PITCHER 15 RUNNER 16 SCOREKEEPER 17 SHORTSTOP 18 TO/FROM GAME 19 UMPIRE 20 OTHER 21 UNKNOWN 22 WARMING UP	Items below. At least one item in ( INJURY 0 1 ABRASION 0 2 BITES 0 3 CONCUSSION 0 4 CONTUSION 0 5 DENTAL 0 6 DISLOCATION 0 7 DISMEMBERMENT 0 8 EPIPHYSES 0 9 FATALITY 0 10 FRACTURE 11 HEMATOMA 12 HEMORRHAGE 13 LACERATION 14 PUNCTURE 15 RUPTURE 16 SPRAIN 17 SUNSTROKE 18 OTHER 19 UNKNOWN 20 PARALYSIS/ PARAPLEGIC	each column must be seled           PART OF BODY           01         ABDOMEN           02         ANKLE           03         ARM           04         BACK           05         CHEST           06         EAR           07         ELBOW           08         EYE           09         FACE           11         FOOT           12         HAND           13         HEAD           14         HIP           15         KNEE           16         LEG           17         LIPS           18         MOUTH           19         NECK           20         NOSE           21         SHOULDER           23         TEETH           24         TESTICLE           25         WRIST           26         UNKNOWN           27         FINGER	CAUSE OF INJURY 01 BATTED BALL 02 BATTING 03 CATCHING 04 COLLIDING WITH FENCE 06 FALLING 07 HIT BY BAT 08 HORSEPLAY 09 PITCHED BALL 10 RUNNING 11 SHARP OBJECT 12 SLIDING 13 TAGGING 14 THROWING 15 THROWN BALL 16 OTHER 17 UNKNOWN						
Does your league use batting helmets with attached face guards? □YES □NO If YES, are they □Mandatory or □Optional At what levels are they used?									
			aseball Accident Insurance Policy at the ication is true and correct as stated, to the						
Date League (	Official Signature								